



Hopes, Expectations and Fears Worksheet

It is important to think about these questions both on the **hard scientific side** of your internship (I hope to learn how to work a high-powered microscope) and also on the **more personal side** of your internship experience (I hope to learn how to communicate within a workplace setting). Use these questions to think about your internship this summer and consider how you might discuss this with your mentor and/or teacher monitor.

What skills do I hope to learn this summer?

What worries do I have coming into this experience?

What knowledge do I hope to gain this summer?

At the end of the summer, what do I hope to accomplish?

How do you think this internship will change the way you see yourself in the world?